



Be the **Best Parent** you can be!



Southview Community School (Entrance on Cameron Rd.)
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...make the most of the early years.

Summer 2018



PLC CLOSURES: We will be closed the afternoon of Friday, June 29th until the morning of Tuesday, July 10th for the annual room cleaning. PLC will also be closed Saturday, August 4-6th for the Civic Holiday and will re-open on Tuesday, August 7th.

PLAY GUIDES: We are happy to be taking part in Medicine Hat Early Childhood Coalition's Play Guides again this year. Our sessions will be Tuesdays, from 10:00-11:00 am. It will be here at Parent Link Centre starting on July 10th. They will be held outside/ inside based on weather. For a full schedule please check it out at www.facebook.com/MedHatECC.

WILD THINGS: We are excited to offer this program again on Wednesday mornings. This program is designed to get families and children reconnected with nature. It will be running July 11th, 18th, and 25th from 10:00-11:00 am. This program is for children aged 3-6 and their parents. Please call **403-504-0833** to register as space is limited.

NEW RISKY PLAY: Is your child full of adventure and enjoys to take risks? It will take place Wednesday's, August 8th, 15th, and 22nd from 10:00-11:00 am for our new Risky Play program. This is for children aged 3-6 years with active adult participation. Please call **403-504-0833** to register, as space is limited.

UPCOMING TRIPLE P:

- **Discussion Group:** "Developing Good Bedtime Routines" will run from 6:00-8:00 pm on Thursday, July 26th at PLC. Space is limited. Please call **403-504-0833** to register.

TRIPLE P ONLINE: If you are interested, you can do Triple P Online for FREE! This program is funded by the Alberta Government for all residents. For more information please visit www.triplep-parenting.net

NEW KIDS HAVE STRESS TOO!: Is a program for preschoolers to grade 9. This program gives parents and caregivers a better understanding of stress. It also provides tools and strategies to help manage stress. Please call **403-504-0833** for more information.

DID YOU KNOW?: Did you know we are open for Drop-In during the summer months? We have extended hours on Thursday evenings and the playroom is open until 7:30 pm. The playroom is also open on Saturdays from 10:00 am-1:30 pm with the exception of long weekends. Hope to see you this summer.

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Stay tuned for Fall programming....